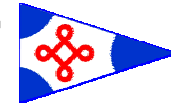




The Reef



Jan 2011
Editor Lynne Lockhurst

Issue 15

Editor's Note:

Happy New Year everyone!

We hope this edition finds you all in good spirits and health. Thanks to everyone who responded to our December mailing asking for email addresses. You helped to take our poor email-challenged membership list and give it a big boost; we now have 95% of all our members' emails, much better than the 40% that we started with. Your support is greatly appreciated.

And remember, we are always on the lookout for interesting articles, pictures and recipes for our Reef, so send them in to me and let's share with everyone shall we.

Lynne Lockhurst
Editor flockhurst@bell.net



Commander's Address

Hello Fellow Boaters!

Where did the year go?

Weather-wise we had a wonderful summer; it was absolutely perfect for boating.

In October, on your behalf I attended the CPS annual convention held in Nanaimo BC, I could talk about every little thing that went on there but I don't want to bore you with the details.

I do however want to try to describe the feeling I felt as I met boaters from all across this great country, it was an overwhelming feeling of unity, of being part of something bigger. Everywhere you went you met someone that had the same interests as you did, sailing, cruising, it didn't matter what kind of boating, they had commitment in what CPS stands for, boaters from all over Canada as well as some from the USA that are totally dedicated to

teaching safe boating and spreading the word, and of course they're boaters, so we were met with friendly faces and warm welcomes from all sides. People ready to swap stories, share their wisdom and make you realize that no matter where you roam, boaters are all cut from the same cloth, we're friendly to everyone, know that there is just nothing like the feel of a solid deck beneath our feet and we always have each other's backs. Nothing quite like it!

Now, if you missed our Rib & Chicken event in October you also missed our excellent speaker, Ron Bianchi "The Weather Guy" who filled us in on what to look for and how to read those nasty clouds. We had an incredible 73 people that showed up for some of the best ribs I think we have ever turned out!

Thanks to all our wonderful cooks and to all those who helped with the planning and execution, I can't thank you enough for all your efforts.

So far it has been smooth running as we sail into 2011. Course registration starts in a few weeks and we have some very excellent Social Events planned for you to attend, read on to find out more

Enjoy this issue of the REEF; once again your Communications Officer Lynne Lockhurst has put together a fun newsletter for you.

I look forward to seeing all of you at our events but if you can't make it, remember I am always here to serve you, just give me a call.

Fraser Lockhurst,
Commander
North Halton Power & Sail Squadron

In Ontario if stopped by the OPP, not having a life jacket on board will cost you \$250 (for each person that doesn't have one).

Having one, but not wearing it, could cost you your life.



Squadron news flash!

Your editor "moi" entered our great newsletter, this Reef as well as the two pictures shown here of our 2010 Rendezvous raft, in two of the competitions categories held at the CPS National AGM Convention in Nanaimo.



Remember, this was a national competition; there were entries from all over Canada. I am very pleased to announce that both our entries won first place!



That means you are at this moment reading an award-winning newsletter!
Wow!

Santa Claus Parades

Once again our wonderful squadron participated in both the Acton and Georgetown Santa Claus parades this past November.

It was a cold and windy day but all the people just loved our "Dancing Snowman" as he sang and wiggled his way down the street.



Shown above from left to right Dave Aitken and Commander Fraser Lockhurst.

Your NHPSS 2010-2011 Bridge

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Let's give a round of applause to all our wonderful bridge members. Remember, they give 100% dedication, all their knowledge and commitment and much of their free time to ensure that your North Halton Power and Sail Squadron remains one of the best in the country. Have a question? Just call any one of them; they're always happy to assist you.



TORONTO INTERNATIONAL BOAT SHOW



JANUARY 8 – 16, 2011
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Executive Officer's Message

Belated Merry Christmas & Happy New Year to all North Halton Squadron Members.



I trust you all managed through the festive season without eating too much turkey and you're all over your New Year's hangover enough to find your way to the Toronto Boat Show. For me, it's an annual pilgrimage and I find it a good way to walk off those extra pounds. If you do make it to the show, be sure to stop by the CPS booth, you just might come across some of the squadron members.

Your bridge was busy last year, organizing our Social Events. The Chicken and Rib on Nov 6 was a great success. Over 70 members took advantage of the great food and the excellent presentation given by Ron Bianche (aka the weatherman) all for \$20 per person, and no HST or gratuities. Now that's a value that can't be matched in these days of high costs. So if you missed it, make sure to attend our next social on

January 22nd. We have yet another excellent speaker for you, read on to our socials section to find out more.

Although our squadron members are a fun loving bunch, we never lose sight of the main reason why we exist and that is to teach safe boating. Last fall ten students were taking the boating course and we look forward to celebrating their graduation at our AGM in May.

Check out the list of upcoming courses and if there is something of interest to you or a friend, sign up. Experience AND knowledge are your best friends when your out boating.

In the meantime, we'll just have to plod through this winter and I always think of that catchy tune "DON'T WORRY, BE HAPPY". Winter will pass and another fine season of boating will again arrive, sooner than you think.

Peter Salvador
Executive Officer
North Halton Power & Sail Squadron



**Pirates –
Ya gotta love em**

"Why such long face John?" asked one pirate to another.

"I don't know," said John "maybe it's just that we have been at sea for so long and I'm depressed, I can't seem to do anything right. Most of the time I feel so alone and useless!"

Smiling and nodding in an understanding way, the first pirate said, "John, don't know if this helps but let me assure you; you are not alone..."

Most of us on this ship feel you're useless too."

Warning:
The consumption of alcohol may make you think you are actually smarter than the captain.
DON'T DRINK & BOAT

NHPS Socials are well renowned and are widely talked about. If you haven't yet attended one, or haven't for a while you don't know what you're missing. Here are the dates for our upcoming events, mark 'em on your calendar and come on down, you won't want to miss them!

Check our our new
low prices
for this years events!

Dinner \$20.00/person

*Dinner Package \$25.00/person
(includes dinner and two drinks)*

Drinks \$3.00 each



North Halton Power & Sail *Presents*
Fishy Business
Saturday January 22nd, 2011

The poster features a blue and white pennant logo on the left. The text 'North Halton Power & Sail' is in black, with 'Presents' in red italics. The title 'Fishy Business' is written in large, 3D, blue and orange letters. Below the title is a cartoon illustration of a smiling shark. The date 'Saturday January 22nd, 2011' is at the bottom.

At the end of this month we have our annual "Fish Fry" dinner. BBQ'd salmon with a splash of lemon served up with all the delicious extras. Chicken of course for non fish lovers.

And we are pleased to announce that our very special guest speaker for this event will be **Mr. Wallace Gouk**, an experienced marine surveyor who will tell us everything we need to know about surveys.

Or if you like it hot and spicy, try our Chili cook-off and Margaritaville. It's all you care to eat of some of the best chili recipes in existence, served up with all the fixin's.

Don't forget to mark that date on your calendar.

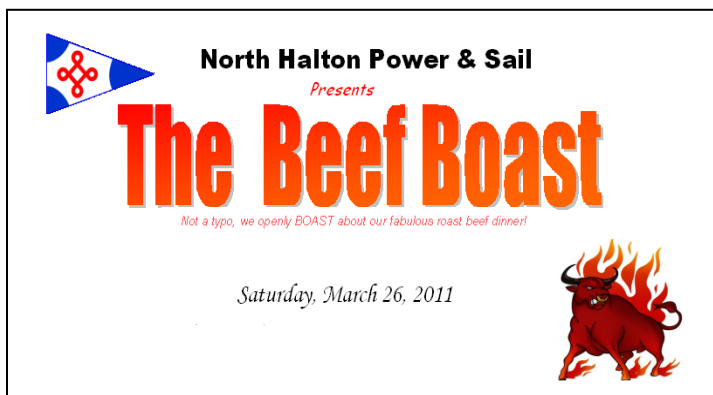


Your North Halton Power & Sail Squadron
Invites you to beat the Winter Blah's with our
MARGARTAVILLE
& Chili Cook-Off
Mix & Mingle Party
Saturday, February 26th, 2011

The poster features a blue and white pennant logo on the left. The text 'Your North Halton Power & Sail Squadron' is in black, with 'Invites you to beat the Winter Blah's with our' in red italics. The title 'MARGARTAVILLE' is in large, green, stylized letters. Below the title is a colorful illustration of a parrot, palm trees, and a sunset. The text '& Chili Cook-Off Mix & Mingle Party' is in blue and red. The date 'Saturday, February 26th, 2011' is at the bottom.

And if the above menus don't tickle your fancy, well, you won't want to miss our unforgettable Beef Boast, (NOT a typo) we openly boast about our Succulent Roast Beef dinner and all the trimmings!

It just doesn't get any better than this. See you there!



North Halton Power & Sail
Presents
The Beef Boast
Not a typo, we openly BOAST about our fabulous roast beef dinner!
Saturday, March 26, 2011

The poster features a blue and white pennant logo on the left. The text 'North Halton Power & Sail' is in black, with 'Presents' in red italics. The title 'The Beef Boast' is in large, orange, 3D letters. Below the title is a red bull illustration with flames coming out of its mouth. The text 'Not a typo, we openly BOAST about our fabulous roast beef dinner!' is in red italics. The date 'Saturday, March 26, 2011' is at the bottom.

NHPSS Annual General Meeting

May 5th, 2010 at the McGibbon Hotel, 79 Main Street S, Georgetown
Dinner \$20.00 person starts at 19:00 hrs followed by the AGM
(There is no charge for the AGM part of the evening)

The PCOC card will get you out on the water but a Boating Course will get you home safely! Come take a course with us.

For more information on courses contact
Dave Aitken 905-878-2035 or visit the
website at www.nhpss.ca



Boating (Thirteen 2-hour – sessions)

An in-depth study of material in the Boat Pro course,
learn how to get out on the water and back home safely!
Pass and receive your PCOC card.

Starts: Jan 17th 2011

Seamanship (Thirteen 2-hour sessions)

Building on what you learned in the Boating Course, Seamanship teaches you
to interpret charts, plot waypoints and use GPS and running fixes when
navigating. The course also covers the skills needed to understand the
hazards of weather, wind and waves well as collision regulations and how
to deal with tricky situations when you're out on the water.

Starts: Jan 17th 2011

Boat Pro (Two 2-hour sessions)

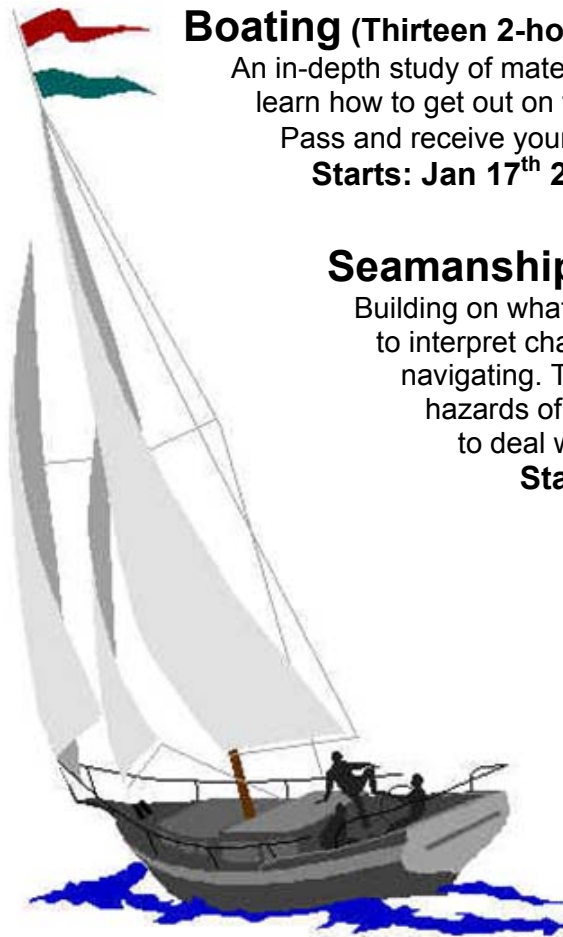
Teaches all the basics. Pass and receive your PCOC card.

Starts: Feb 21st, 2011 & Apr 18, 2011

VHF Radio (Two 2-hour sessions)

To operate a Maritime/VHF radio, you MUST have a
Restricted Operator's Certificate (Maritime), it's the law!

Starts: May 9th 2011



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Yummy and delicious recipes that can be made ahead of time don't take much time and will survive those hot and hazy summer days.



As promised Karen Aitken's amazing recipe for the salad that we served up at our Rib and Chicken.

Committee Salad

Dressing

1/2 cup oil
3 tbsp red wine vinegar
1 tbsp lemon juice
2 tsp sugar
1/2 teas dry mustard
1/2 tsp salt
1 crushed garlic clove

Shake everything well before pouring over salad

Salad

2 tbsp butter
3/4 cup slivered almonds
1/3 cup sunflower seeds
Heat butter and sauté seeds until golden, set aside
1 leaf lettuce (or any mixture of mixed greens - about 3 cups worth give or take)
2 green onions
10 oz of mandarin oranges

Mix and toss all of the ingredients to create an amazingly delicious salad to serve with anything.

Nanaimo Bars

Bottom Layer

1/2 cup unsalted butter (European style cultured)
1/4 cup sugar
5 tblsp cocoa
1 egg
1 1/4 cups graham wafer crumbs
1/2 cup finely chopped almonds
1 cup fine coconut

Melt first 3 ingredients in a double boiler. Add egg and stir to cook and thicken. Remove from heat. Stir in crumbs, coconut and nuts. Press firmly into an 8 x 8" ungreased pan.

Second Layer

1/2 cup unsalted butter
2 tblsp cream Plus
2 tblsp cream
2 tblsp vanilla custard powder
2 cups icing sugar

Cream above ingredients well, beat until light. Spread over bottom layer.

Third Layer

4 squares semi-sweet chocolate (1 oz each)
2 tablespoons unsalted butter

Melt chocolate and butter over low heat (or in microwave). Cool. Once cool, but still liquid, pour over second layer and chill in refrigerator.

This recipe came straight from Nanaimo itself, it was given to all attendees in October at the annual CPS convention!

I share it now with you. Enjoy!
Lynne Lockhurst

"Cup" Cake

In a large coffee mug put:
4 tbsp flour
4 tbsp sugar
2 tbsp cocoa

Add: 1 egg, 3 tbsp milk (or water)
3 tblsp oil, splash of vanilla
3 tbsp chocolate chips (optional)

Mix everything thoroughly with a fork. Put the mug in the microwave and cook for 3 minutes on high. An easy peasy treat at the boat or anytime.

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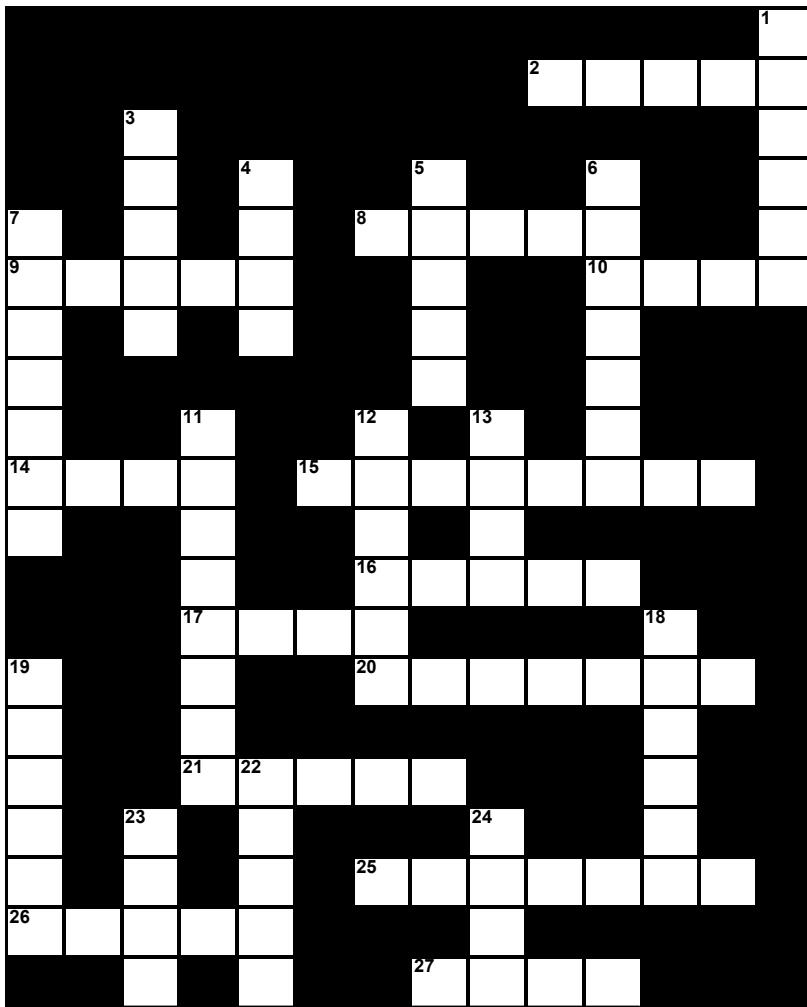
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"Did you name it after me, like you said you would?"

All the Crossword answers have something in common, can you figure out what it is?



ACROSS

- 2 A country in south Asia
- 8 The last _____ in Paris (movie)
- 9 _____ "6" or California
- 10 A pretty picture of your insides
- 14 Yell in a cave and it will come back to you
- 15 Romeo's sweetheart
- 16 What you should out at the end of an exceptionally good play
- 17 Sometimes, when you talk into it you get "feedback"
- 20 Snoopy's master
- 21 Juliet's beau
- 25 Many women are known to love a man in a _____
- 26 Top dog
- 27 Mark Twain thought it was a waste of a perfectly good walk.

DOWN

- 1 Slang for an American
- 3 Name of one of the major airlines
- 4 A famous African tribe
- 5 Entertainment before television
- 6 A very popular ballroom dance of the early 1900's
- 7 A distilled alcoholic beverage made from fermented grain mash
- 11 It comes after October
- 12 Province with separation anxiety
- 13 Yummy bean thought to be from Peru
- 18 In any competition "he" always gets the prize
- 19 _____ Madre (Spanish for "mother mountain range")
- 22 Grouchy green dude on Sesame Street
- 23 Your daddy (in some cultures)
- 24 2.2046 lbs



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And that wraps up our Reef! Hope you enjoyed it. Remember, if anyone has any recipes, stories, upcoming events, news or anything else they would like to share with the rest of the members, please submit them to the editor, Lynne Lockhurst. Either email them to flockhurst@bell.net or give her a call at 905-693-9806. We are always looking for interesting stuff to put in future editions.

